

COMMUNITY CENTRAL

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Competition lures bodybuilders here

By ROSS EGAN
Correspondent

With contestants from Jacksonville to West Palm Beach, an exhibition of brawn aims to be a thrilling experience for competitors and audience members alike.

The National Physique Committee's Sunset Classic Bodybuilding Competition will be Saturday at Lakewood Ranch High School.

"It's such an incredible and fun atmosphere," said **Chris Eaddy**, one of the event promoters. "Whether you come to compete, support a friend, cheer on a family member, or just satisfy a basic curiosity about bodybuilding, it's truly a unique experience that you don't want to miss out on when it comes around."

Men and women will compete in bodybuilding, figure, fitness, physique and bikini categories.

Chris Massaro, a local bodybuilder who won first overall in the teenage male division at last year's NPC Tampa Bay Classic, understands the rigors of what a bodybuilder undergoes in preparation for a contest.

"It's a 24/7 job," Massaro said. "Discipline is vital, and there is

INTERESTED?

What: National Physique Committee's Sunset Classic with bodybuilding, figure, fitness, physique and bikini categories.

When: Saturday; prejudging at 10 a.m., finals at 6 p.m.

Where: Lakewood Ranch High School, 5500 Lakewood Ranch Blvd., Bradenton.

Cost for spectators: prejudging, \$15; night show, \$25 general admission, \$35 VIP section.

Cost for participants: \$75 fee; no registrations accepted after Friday.

Information: npcsunsetclassic.com.

this in the future," Keenan said.

He adding, laughing, that he cannot wait for the celebratory trip to Applebee's afterward and being able to indulge in other cuisine besides chicken and asparagus.

As with any bodybuilding competition, the Sunset Classic will begin in the morning with prejudging. This is where the decisions are made about who placed highest in each category. The finals, geared more toward spectators, will be in the evening.

Along with contestants eager



SunTrust Bank recently presented \$10,500 to the United Way of Manatee County. The gift represents the bank's corporate donation; bank employees pledged an additional \$29,500. Shown, from left, Nick Roberts, Jerry Koontz, Kevin Osborne and Bruce Body. For more information about the United Way, visit www.uwmc.net. COURTESY PHOTO



Student Government Association officers for the 2011-2012 term have been selected at the University of South Florida Sarasota-Manatee. They are, from left: Rakhi-Kumari Lansiquot, treasurer; Regina Oykherman, senate chair; Rebecca Guthertz, president; Dat Vu, vice president; and Jessica Hall, secretary. COURTESY PHOTO

Technical school students Lewis; both attend the Dental As-

BEST BETS TODAY

PRESCHOOL STORYTIME. 10 a.m. at the South Manatee Branch Library, 6081 26th St. W., Bradenton. This week: Circus Sarasota clown. For ages 2 to 5. 755-3892.

LAKEWOOD RANCH BUSINESS ALLIANCE. 11:30 a.m. to 1 p.m. at the Fête Ballroom at Polo Grill, 10670 Boardwalk Loop, Bradenton. Panel discussion on whether or not Lakewood Ranch should incorporate as a city. \$25 members, \$35 others. *Robin Parsons*, 757-1664 or www.lwrba.org.

SUMMER PROGRAM. 2 p.m. at the Palmetto Branch Library, 923 Sixth St. W., Palmetto. For school-age children. 722-3333.

COLLEGE TALK. 5:30 p.m. at Island Branch Library, 5701 Marina Drive, Holmes Beach. Debra Landesberg talks about the college application process. Free. (813) 230-8992.

TEENAGERS' MOVIE NIGHT. 6 p.m. at Manatee County Central Library, 1301 Barcarrota Blvd. W., Bradenton. "Gulliver's Travels." 748-5555, Ext. 6310.

SUNSET PICNIC. 6 to 8:35 p.m. at Katie Pierola City Park, 2200 block of Gulf Drive North, Bradenton Beach. Music by Mike Sales. Bring a chair and your own food. Free. 448-5798 or www.mikesalesings.com.

THINK+DRINK (SCIENCE): THE NAKED UNIVERSE SERIES PART 3, "MATTER." 7 to 9 p.m. at South Florida Museum, 201 10th St. W., Bradenton. Free. R.S.V.P.: 746-4131, Ext. 11, or www.southfloridamuseum.org.

SPEAKER AND AUTHOR. 7 p.m. at Christian Retreat, 1200 Glory Way